

# Passage

The human brain is a remarkable organ responsible for numerous cognitive functions. One of its key roles is memory. Memory is divided into three main types: sensory memory, short-term memory, and long-term memory. Sensory memory retains information from our senses for a very short time, such as the image you briefly see before it fades. Short-term memory holds information temporarily, like remembering a phone number until you write it down. Long-term memory is responsible for storing information over a more extended period, like childhood memories, important facts, and learned skills. Enhancing memory often involves strategies like repetition, association, and adequate sleep.

## MCQ Questions:

1. What are the three main types of memory mentioned in the passage?
  - a) Visual memory, auditory memory, and tactile memory
  - b) Sensory memory, short-term memory, and long-term memory
  - c) Immediate memory, recent memory, and distant memory
  - d) Primary memory, secondary memory, and tertiary memory
2. Which type of memory briefly retains information from our senses?
  - a) Short-term memory
  - b) Long-term memory
  - c) Sensory memory
  - d) Visual memory
3. What is the primary purpose of long-term memory?
  - a) Holding information temporarily
  - b) Storing information from our senses
  - c) Storing information over an extended period
  - d) Remembering phone numbers
4. What are some strategies for enhancing memory mentioned in the passage?
  - a) Listening to music and playing video games
  - b) Watching television and avoiding repetition
  - c) Repetition, association, and adequate sleep
  - d) Skipping sleep and avoiding repetition
5. What is the function of short-term memory?
  - a) Storing information over an extended period
  - b) Holding information temporarily
  - c) Retaining sensory information
  - d) Enhancing cognitive functions

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Answers:

What are the three main types of memory mentioned in the passage?

Answer: b) Sensory memory, short-term memory, and long-term memory

Which type of memory briefly retains information from our senses?

Answer: c) Sensory memory

What is the primary purpose of long-term memory?

Answer: c) Storing information over an extended period

What are some strategies for enhancing memory mentioned in the passage?

Answer: c) Repetition, association, and adequate sleep

What is the function of short-term memory?

Answer: b) Holding information temporarily